

# THE KEHILLA

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## **JOSH SCHNEIDER'S BAR MITZVAH**

Surrounded by friends and family, Josh did a magnificent job chanting from the Torah on the occasion of his Bar Mitzvah. Mazel tov to Josh!

Mazel tov also to Heather McCloud, who somehow found the time to tutor Josh and help him prepare for this momentous occasion. Heather led the services and did a fine job. She also chanted from the Torah. Dorothy beamed with pride throughout, and with good reason!

## News from the Mt. Sinai Judaica Library

Rosh Hashanah is fast approaching, and it is the traditional time of year to give *tzadakah* (charity, also translated as justice). The library now has on file the ratings of Jewish and Israel organizations done by the American Institute of Philanthropy. AIP bases their ratings on the percent spent on program services and the cost to raise \$100. The top seven include Hadassah, Jewish Fund for Justice, Jewish National Fund, MAZON; a Jewish Response to Hunger, and the New Israel Fund. Don't forget though that charity begins at home and our own synagogue is worth your support.

The Judaica Library is open Sundays, 10:00 A.M. to 12:30 Wednesdays, 1:00 P.M. to 4:00 P.M. for your convenience.

Your librarian,  
Dorothy Feldman



## Landscaping Project

The rock project at the front of the building is now complete thanks to all the hard work of Jimmy Shultz and Larry Ross. A special thank you to Larry Ross for donating the materials. It looks very good.

## Democratic National Convention

While watching the Democratic National Convention in Denver, Colorado, Steve Rubin spotted Dr. Jason Bloomberg in a close-up in the audience. Dr. Jason Bloomberg is attending as one of Wyoming's delegates while David Lerner is an alternate.

## Temple Emanuel to Visit Mt. Sinai

Please welcome the congregants from Temple Emanuel of Pueblo when they join us for services Sept. 12 and 13. Their spiritual leader and rabbinic intern Birdie Becker will be joining Rabbi Moon on the pulpit for some inspired singing. Lunch on Saturday will be in honor of our guests.

## Introduction to Judaism Class

The Introduction to Judaism class begins on Sunday, September 14 at 10:00 AM. This class is intended for those who are interested in conversion or those wishing basic information about Jewish belief and practice. This will be a nine month course that will meet twice a month. Please call the synagogue office to sign up.



### Arinna's Arena

Dear Congregants,

It's hard to believe that the High Holy Days are around the corner. After all, we just finished Frontier Days and the Botanic Gardens are in full bloom. Yet, at the end of this month we begin the Ten Days of Awe and the start of a new year. It is a time to look back on what we have accomplished, acknowledge what we weren't able to complete, and rededicate ourselves to the task of *teshuvah*. It is also an opportunity to look forward and imagine what we want our lives to look like in the coming year. In short, this is our chance to take stock of our lives, our personal goals, and perhaps most importantly, the quality of our relationships.

Hopefully, many of us will take the opportunity to scrutinize the way in which we relate to the people around us and acknowledge that some of those relationships are difficult. As much as we like to think that it is all the other person's fault, the truth is that it takes two to make or break a relationship. If we are really honest about it, we may regret the words we spoke harshly, the fight we picked, the comeback we didn't hold in check. Anger is often a cover for the deeper feelings of hurt or embarrassment that are underneath. Admitting to those feelings can be a humbling experience.

As much as words can hurt however, they can also heal. Seeking forgiveness when we have done something wrong and granting forgiveness when it is requested of us can repair a relationship that is broken. God does not grant us atonement for wrongs we committed to another person. We must take the responsibility to correct the matter ourselves. People naturally respond to kindness. While our pride may offer up resistance, in truth it is far easier to be at peace with someone than to expend the energy it takes to keep that person at arm's length.

It is doubtful that we will get along equally well with everyone we meet. The goal is not to be a perfect person. The real work is the process not the goal. What does count though is our *kavannah*, our intentions. When the focus is on opening up our hearts, then we make it possible to truly connect in a meaningful way. And when that happens we create a spark of holiness.

May this year bring us showers of beautiful sparks as we work together to strengthen our community.

*L'shanah tovah u'metukah.* May you have a good and sweet year.

Rabbi Arinna Moon

### The Synagogue Board Meeting

The third Wednesday of the month

### New Calendars

The new calendars compliments of Schrader Funeral Home are available at the synagogue. Thank you Roz Kaufman for working with Schraders.

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### How to Reach the Rabbi

I am in Cheyenne two long weekends per month (see the website for the calendar), and generally in the office all day on Fridays. Please feel free to call and schedule time to meet with me. If you would like an informal get-acquainted meeting, I'd love to share a meal with you. I now have a Cheyenne cell phone 307-630-1926 and you are welcome to call me whether I'm in town or not. Please keep in mind that when I am in Los Angeles the time is one hour earlier. You can also e-mail me:

[ravleahshira@gmail.com](mailto:ravleahshira@gmail.com) With all of these choices, we can be sure to connect!

Put on your dancing shoes  
and come to Bea  
Montross's dance class  
Sunday, September 21st  
at 1:30 p.m.

### The Sisterhood Meeting

The second Sunday  
of the month

The first cooking class will be  
on Monday, September 15th  
at 5:30 p.m.. Helen Zigmond  
will teach us how to make her  
wonderful challah. If you are  
interested please call Roz  
Kaufman 632-3206  
Preregistration is required to  
enable us to have the  
ingredients needed for this  
project.

## **SISTERHOOD NEWS**

by Phyllis Bloomberg

Our new officers were elected at our August meeting. I will be continuing on as President, Donna Pepper will be Vice-President, Bonnie Scotto will be Secretary, and Mary Weinstein will continue on as Treasurer. Thanks go out to Donna who did a wonderful job with the Nominating Committee, to our officers, and to everyone in the Sisterhood who work so hard.

Our next Tea and Book Review will be on Sunday, September 14 at 1:30. Harriet Gardner will be reviewing *People of the Book* by Pulitzer award winning novelist Geraldine Brooks. This story is based on the Sarajevo Haggadah, which was saved from destruction at least three times, twice by Muslims and once by a Roman Catholic priest. We encourage everyone to read this book, but do join us whether or not you have read it. We will be honored by Rabbi Moon's presence at the tea and book review.

With the blessing of the Board, Shabbat dinners are being reintroduced prior to Friday night services once a month. The Sisterhood sponsored the August dinner with cleanup organized by Jeff Weinstein. **Please contact anyone in the Sisterhood if you would be willing to help with future Shabbat dinners. You can help with menu planning, shopping, food preparation, set up, and/or clean up. Let's make these dinners a true Synagogue effort!**

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### This 'n That

The congregation offers its deepest condolences to Ruth Langley on the death this past week of her husband John. He was frequently at synagogue functions and though declining health was obvious, he was comfortable in our midst and enjoyed himself.

Helen Zigmond and Zollie Gancz have an Israeli grandniece visiting for several weeks. Her name is Oznat Gancz and she just completed her mandatory military obligation to the IDF forces in Israel, and needs a rest.

Happy "29th Birthday" to Millie Goldhammer. Her son Randy and his young daughter were here from Las Vegas to help celebrate. After his visit, Marvin and Millie and their son Jay and his wife Traci spent 4 days enjoying the Virgin Islands.

Thanks to Rosalyn Baker's hospitality this past week, we were pleased to have the Chabad Rabbi Zalman Mendelsohn, his wife and daughter visiting Cheyenne from Jackson. Everyone sang Happy Birthday to Howard Gallensky and Rosalyn Baker.

New classes, including basic Hebrew, introduction to Judaism, cooking and baking traditional foods, and a dance class, are starting in the synagogue in September. We encourage your participation. Call the synagogue office for preregistration. Media releases will be in the local paper so register early.

Visiting Marv and Dorothy Wolf are their daughter Miriam Feldman and granddaughter Sage from Portland.

### You Missed It...if you were not there.

The kickoff of the 2008-09 Mt. Sinai Jewish film series was Saturday night. The film, “Yiddish Theater – A Love Story”, was a testimony to Yiddish, Yiddish Theater and Yiddishkeit. The stars of the movie, Zypora Spaisman and Roni Neuman, were a study in contrasts, the first representing the fight for Yiddish Theater to survive and the second the continued life of Yiddish Theater through an import from Israel.

An introduction to the movie was given by Howard Rodack who treated us to some vignettes about the life of his family including his grandmother, “The Sophie Tucker” of the Catskills. He also sang a beautiful, haunting Yiddish song (could it be anything else?).

Popcorn was provided, thanks to the efforts of Jeff and Mary Weinstein. Jeff also arranged for the use of the film.

Jason Bloomberg contributed the speaker system, arranged for the loan of a projector and spent many hours putting the system together. The rear wall of the stage provided a great way to show the film.

The series, a joint brainchild of Rabbi Arinna Moon and Andi and Dennis Coelho, will continue with the next film being “The Jazz Singer”, the original 1927 version with Al Jolson. This film, often mistakenly called the first sound movie, did show that sound movies were the future of the art. Al Jolson stars as Jackie Rabinowitz, the son of a Jewish cantor. Turning his back on family tradition, Jackie transforms himself into cabaret-entertainer Jack Robin. Needless to say his father is not happy with what he perceives, as his son’s rejection of his Jewish heritage. Sound familiar? A recent event dealing with the opposition to a singer in Madison Square Garden should be remembered by some.

The series will include films with a Jewish theme – defined broadly. We will be looking at films produced in the US, Europe and Israel. Andy and Dennis will be the primary gate keepers of the films, with a little assistance from Joe Golden.

Scheduled showings are for the second Sunday of each month at 7:00 p.m. in the Social Hall. Extra films may be scheduled based upon demand. For example it has been suggested that a film or two be shown around Hanukkah. Popcorn and refreshments will be served. While there will be no charge for the showings, a donation to defray the costs of the films and refreshments would be appreciated – we are nonprofit – guaranteed.

Some of the future films that are planned include among others Crossing Delancey, Hester Street, Keeping the Faith, Europa, Europa, Fiddler on the Roof and Exodus. Do you have a film you would like to see again or for the first time? Get your vote in. All films and scheduling are subject to availability. In addition, we have had some desire to move the night to Saturday and the time to 4:00 p.m. We know that some people do not want to drive at night. Car pooling has been suggested.

Call me, Joe Golden, with your suggestions, complaints and complements (always welcome.)

P.S. Do you have DVDs preferably, or Video Tapes, with a Jewish theme that would be available for donation? Call me. 634-1215.

Deadline for next issue is the third Tuesday of the month.

Letters and comments are welcome!

Recent Donors

Rosalyn Baker in memory of Harry Wallach

Philip Bernstein in memory of parents Jean & Martin Bernstein

Aaron Bregman in memory of father Mendel Bregman

*Thank You*

Arthur Bronstein in memory of Charles N. Bronstein

Marlene Brubaker in memory of Rose Rosenberg

Dorothy Feldman Aliyah

*Thank You*

Dorothy Feldman in honor of Morris Gardner's retirement

Dorothy Feldman in honor of Heather leading Bar Mitzvah services in Laramie

*Thank You*

Dr. Carol Fischer in memory of her mother Noreen Fischer

David Friedberg to the Cemetery fund & the Sisterhood

Howard Gallensky in memory of Nathan Gallensky

*Thank You*

Marv & Millie Goldhammer in memory of Max Goldhammer

Terri King to the Rabbi fund

Dr. Harlan Ribnik

*Thank*

Michael Smith in memory of his parents Harry & Adele Smith

*You*

Tim Solon in memory of John T. Langley Sr.

Norman Veta in memory of Dorothy Zolot

*Thank*

Lester & Agnes Weinstein in memory of his mother Rose Weinstein

*You*

Marv & Dorothy Wolf in memory of Morris Wolf

Helen Zigmond in memory of Elizabeth Zigmond

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I would like to make the following donation to Mt. Sinai Congregation:

My name \_\_\_\_\_

In memory of \_\_\_\_\_

In honor of \_\_\_\_\_

anniversary • birth • graduation • appreciation • birthday • marriage • bar or bat mitzvah

The contribution amount \_\_\_\_\_

Make checks payable to Mt. Sinai Congregation and mail to P.O. Box 1012, Cheyenne, WY 82003

The following is a list of funds to which contributions can be made. Please circle your choice.

B'nai B'rith • Gift Shop • Library • Yiddish Food Festival • Rabbi Fund

Endowment Fund • Trust Fund • Cemetery Fund • Uri Neil Window Fund

Please send acknowledgment to \_\_\_\_\_

To donate to Sisterhood, Hadassah, or Jewish Women International contact Lila Gallensky.

## September Events

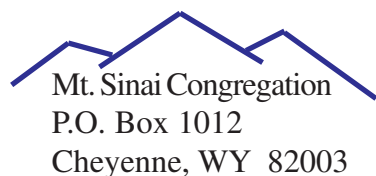
Sunday, September 7th	Libby Weinstein headstone unveiling 10:00 a.m. at cemetery	
Rabbi Moon will be in Cheyenne from Thursday, September 11th through the Sunday the 14th.		
Thursday, September 11th	Membership Committee meeting 7:00 p.m.	
Friday, September 12th	Cemetery Committee meeting 12:00 noon Shabbat dinner 5:30 p.m. Services 7:00 p.m.	
Saturday, September 13th	Services 9:00 a.m. Lunch honoring the Pueblo congregation 12:00 noon Study group 3:30 p.m. Havdalah 8:15 p.m.	
Sunday, September 14th	Intro to Judaism 10:00 a.m. Sisterhood meeting followed by Tea and Book Review Film festival 7:00 p.m.	
Monday, September 15th	Cooking class – challah with Helen 5:30 p.m.	
Sunday, September 21st	Bea’s dance class 1:30 p.m.	
Wednesday, September 17th	Synagogue Board meeting 7:00 p.m.	
Rabbi Moon will be in Cheyenne from Sunday, September 28th through Wednesday, October 1		
Sunday, September 28th	Bea’s dance class 1:30 p.m. Intro to Judaism 3:00 p.m.	
Monday, September 29	Erev Rosh Hashanah Candle Lighting Evening Service (Maariv)	6:26 p.m. 7:00 p.m.
Tuesday, September 30	First Day Rosh Hashanah Morning Service (Shacharit) B’nai B’rith lunch Tashlich at Martin Luther King Park Evening Service (Maariv)	9:00 a.m. 6:30 p.m. 7:00 p.m.
Wednesday, October 1	Second Day Rosh Hashanah Morning Service (Shacharit)	9:00 a.m.



All events will be held at Mt. Sinai Synagogue unless otherwise noted.

## September Yahrzeits

Wednesday, September 3	Sara Goldstein	3 Elul
Thursday, September 4	A. Joseph Goldstein	4 Elul
Friday, September 5	Mollie Medow	5 Elul
Sunday, September 7	Esther Cohen	7 Elul
Sunday, September 7	Ida Schwartz	7 Elul
Sunday, September 7	Hyman Weitzman	7 Elul
Monday, September 8	Liza Bassow	8 Elul
Monday, September 8	Rosa Persky	8 Elul
Tuesday, September 9	Sylvia Menkin	9 Elul
Tuesday, September 9	Max Schwartz	9 Elul
Thursday, September 11	Dr. I.L. Davis	11 Elul
Thursday, September 11	Eva Garlett	11 Elul
Thursday, September 11	Clara Ghelber	11 Elul
Thursday, September 11	Miles Kline	11 Elul
Friday, September 12	Jack Friedberg	12 Elul
Friday, September 12	Morris Sincher	12 Elul
Friday, September 12	Louis Veta	12 Elul
Saturday, September 13	Mary Herman	13 Elul
Saturday, September 13	Abraham Shapiro	13 Elul
Saturday, September 13	Murry Shapiro	13 Elul
Sunday, September 14	Louis S. Nathenson	14 Elul
Sunday, September 14	Malke Shapiro	14 Elul
Monday, September 15	Melburn (Mickey) Quiat	15 Elul
Thursday, September 18	Graes Warren Anderson	18 Elul
Thursday, September 18	Frank C. Garlett	18 Elul
Thursday, September 18	Isaac Goldberg	18 Elul
Thursday, September 18	Minnie Wolf	18 Elul
Saturday, September 20	Anna Smith	20 Elul
Monday, September 22	Rosalie Novick	22 Elul
Wednesday, September 24	Sarah Friedman	24 Elul
Wednesday, September 24	Lisabeth "Libby" Weinstein	24 Elul
Thursday, September 25	Bernard L. Rayor	25 Elul
Thursday, September 25	Sam Weinstein	25 Elul
Thursday, September 25	Sara Weinstein	25 Elul
Friday, September 26	Norma Prizant	26 Elul
Friday, September 26	Mindy Prizant	26 Elul
Monday, September 29	Joseph Pollock	29 Elul
Monday, September 29	Saul Stark	29 Elul
Monday, September 29	Anna Leah Wax	29 Elul
Tuesday, September 30	Simon Landman	1 Tishri



Mt.Sinai Synagogue  
2610 Pioneer Avenue  
307-634-3052

On the web at: [www.mtsinaicheyenne.org](http://www.mtsinaicheyenne.org)  
e-mail: [info@mtsinaicheyenne.org](mailto:info@mtsinaicheyenne.org)

Website Provided by:  
David Lerner and Wyoming Network