

THE KEHILLA

Volume 5 Issue 12

December 2009 Kislev 5770



Arinna's Arena

Dear Congregants,

The eight-branched *hanukkiah* or candelabra, is perhaps the most widely recognized symbol of Hannukah. With its beautiful, glowing lights, we celebrate the miracle of the oil found in the Temple. We also recognize the turning of the year, from the darkness of the longest winter days, to the return of light. Each night we light one more candle than the night before, until, by the last night of the holiday, all eight candles are lit. It wasn't always

like this though.

The Talmud, in Shabbat 21b, records a difference of opinion between the House of Shammai and the House of Hillel. According to the former, we should light all eight Hanukkah candles the first night, seven the second, and so forth, until we are down to one on the last day. According to the latter, it is just the opposite: we start with one and increase as the holiday progresses. The Talmud goes on to explain that the reason Shammai gave for decreasing is to be in accordance with the number of bulls that were sacrificed on Sukkot. That holiday begins with thirteen bulls and each successive day the number is decreased. This is significant because Hanukkah is modeled after Sukkot which the Maccabees couldn't observe while they were fugitives in the mountains of Judea. Hillel, however, reasoned that holiness should only increase, not decrease, even symbolically, therefore we add a candle each night.

But wait, before we decide who is right, there is more to this story. Our sages taught that the obligation was for a household to light one candle, but for those who enhance the mitzvah, there should be a candle for each person in the household. Thus there are four ways to light Hanukkah candles: using either of the two methods just mentioned and then either decreasing or increasing their number. We learn that the mitzvah is enhanced both by extending the number of people who light as well as by increasing the number of candles that are lit. Rabbi Yossi comments further in the Talmud that by associating Hanukkah with Sukkot and its candles with the burnt offerings, and by expressing the idea of increasing holiness as the candles increase, the act of lighting candles and Hanukkah are as a whole is augmented.

Today we follow the practice of Hillel and add a candle for each successive night. In some families, each person has their own *hanukkiah*, thus beautifying the mitzvah by adding light through increased participation of the household.

We can also see this act on a symbolic level. By increasing a little bit of our light each time we are called upon to do an act of kindness or when we need to repair a relationship, we bring more joy and healing into the world. As a community, we can do the same thing – one step at a time we can come together to make Mt. Sinai a place where God's holiness dwells. May the light of Hanukkah light up our homes and our hearts.

Hanukkah sameach,
Rabbi Arinna Moon



CHANUKAH
PARTY
FRIDAY,
DECEMBER 11,
AT 5:30 PM.

DETAILS
INSIDE....KEEP
READING!!

Also inside this edition:

Movie Night
See's Candy Sale
Hadassah Info
Yahrzeits
Birthdays
Donations

And of course
another fabulous recipe
for you to try at home!!

You know you want to
keep reading...go
ahead...indulge yourself!



Candle Lighting Times for Shabbat and Holidays

Friday, December 11, 2009

Light Candles at: **4:12 pm**

Shabbat, December 12, 2009 Shabbat Ends: **5:16 pm**

Friday, December 18, 2009

Light Candles at: **4:14 pm**

Shabbat, December 19, 2009 Shabbat Ends: **5:18 pm**

Friday, December 25, 2009

Light Candles at: **4:17 pm**

Shabbat, December 26, 2009 Shabbat Ends: **5:22 pm**

Friday, January 1, 2010

Light Candles at: **4:23 pm**

Shabbat, January 2, 2010 Shabbat Ends: **5:27 pm**

Friday, January 8, 2010

Light Candles at: **4:29 pm**

Shabbat, January 9, 2010 Shabbat Ends: **5:33 pm**

Friday, January 15, 2010

Light Candles at: **4:37 pm**

Shabbat, January 16, 2010 Shabbat Ends: **5:40 pm**

Friday, January 22, 2010

Light Candles at: **4:45 pm**

Shabbat, January 23, 2010 Shabbat Ends: **5:48 pm**

Friday, January 29, 2010

Light Candles at: **4:54 pm**

Shabbat, January 30, 2010 Shabbat Ends: **5:56 pm**

[Candle lighting times and information from www.chabad.org](http://www.chabad.org)

The time of lighting is considered especially auspicious for praying to G-d for health and sustenance. These prayers are readily acceptable because they are offered during the performance of this great mitzvah.

Spread your hands around the flames and draw them inward, in a circular motion, three times indicating the acceptance of the sanctity of Shabbat. Then cover your eyes and recite the following blessing:

*Boruch A-toh Ado-noi E-lo-hei-nu Me-lech Ha-olam A-sher
Ki-de-shan-nu Be-mitz-vo-sov Ve-tzi-va-nu Le-had-lik Ner
Shel Shabbat Ko-desh.*

Blessed are You, Lord our G-d, King of the universe, Who has hallowed us through His commandments, and has commanded us to kindle the lights of the holy Shabbat.

Uncover your eyes and behold the Shabbat lights.

...from the
Editor's Desk



Hi Friends,

Hope you are somehow staying warm in all this frosty weather. Speaking of weather (how's that for a lead in?...)I got this from a friend today and thought I'd share. It made me laugh and I hope it gives you a smile.

*Its winter in Wyoming,
And the gentle breezes blow.
Seventy miles an hour,
At twenty-five below.
Oh, how I love Wyoming,
When the snow's up to your butt.
You take a breath of winter,
And your nose gets frozen shut.
Yes, the weather here is wonderful,
So I guess I'll hang around.
I could never leave Wyoming,
My tush is frozen to the ground.*

Seriously, stay warm, stay safe and have a fabulous Channukah!!

Keep those newsletter contributions coming! Deadline for submissions will be the Monday of the week prior to distribution...so this month **the cutoff will be December 21 for publication in January's issue.** Please send submissions to either

**bjscotto@yahoo.com or
kehilla@mtsinaicheyenne.org**

I know this month's edition is a little late in getting out, but when submissions get to me late, I end up with conflicts with other projects. I apologize for any delays...and any issues that they may cause.

If we don't have your e-mail address, please send it to info@mtsinaicheyenne.org.

Thanks,

Bonnie

Yahrzeits for December

Y = Yahrzeits begin at sundown on the day before

* = Honoree's name on Memorial Board [Tab/Col/Row]

December 2009

14 Kislev 5770 - 14 Tevet 5770

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



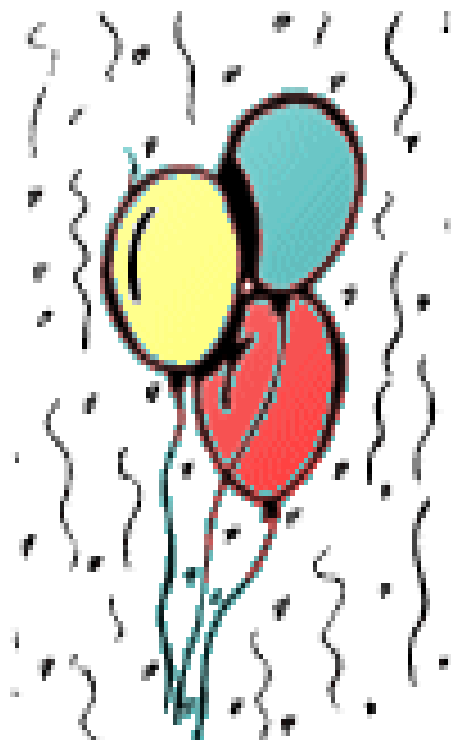
		1	2 Y.*Fannie Bernstein	3	4	5 Y.*Beatrice Jultak Y.*Isadore Feinstein Y.*Morris Kline
		14 Kislev	15 Kislev	16 Kislev	17 Kislev	18 Kislev
6 Y.*Jean Schwartz Kopald Y.*Peter Kline	7	8 Y.*Jacob Rosenblum Y.*Harry Shuman Y.*Bernard Bobb	9	10 Y.*Ernest Kline Y.*Harry Wolinsky	11 Y.*David W. Garlett Y.*Louise Leff Y.*Frieda Veta Dobrow	12 Y.*Benjamin Goldstein Y.*Elke Wolf
19 Kislev	20 Kislev	21 Kislev	22 Kislev	23 Kislev	24 Kislev	25 Kislev
13	14 Y.*Isadore Goldhammer Y.*Sam Friedman	15 Y.*Leon Wolf Y.*Fannie Pasternack	16 Y.*N. David Schwartz	17	18 Y.*Bernard Levine Y.*Becky Gerr Y.*Fred Homer	19 Y.*Rabbi H. Gershon Emmerman Y.*Abe Rosenberg Y.*Richard "Dick" Mendel Baker Y.*David H. Shulan
26 Kislev	27 Kislev	28 Kislev	29 Kislev	30 Kislev	1 Tevet	2 Tevet
20 Y.*Rose Shuman Y.*Jack Nathenson	21 Y.*Sarah Goldstein Y.*Nahum Bronstein	22 Y.*Louis J. Simon	23 Y.*Harold Medow Y.*Herman Anon [5/2/3] Y.*Nathan Breen	24 Y.*Sidney David Zucherman Y.*Sam Marchick Y.*Norman Anon	25 Y.*Louis Levin	26 Y.*Morris Novick
3 Tevet	4 Tevet	5 Tevet	6 Tevet	7 Tevet	8 Tevet	9 Tevet
27 Y.*Goldie Gancz Y.*Betty E. Stark	28 Y.*Sam Silverblatt	29 Y.*Samuel Fox Y.*Max Bronstine	30 Y.*Edward Leff Y.*Robert Gottlieb	31 Y.*Rebecca Rice Y.*Sarah Udevitz		
10 Tevet	11 Tevet	12 Tevet	13 Tevet	14 Tevet		

"I light this candle to bring peace to the soul of _____

(insert Jewish name) *ben/bat*

(son of/daughter of) _____ (insert father's Jewish name)."

If the Jewish name of the deceased (or the deceased's father) is not known, the secular name may be used.



HAPPY BIRTHDAY

13	Harlan Ribnik
21	Susan Abraham
21	Lester Weinstein
27	Zolie Gancz
28	Heather McLoud
28	Joe Golden



**It Doesn't Grow
on Trees....**

It's the end of the calendar year. It's the end of the tax year.

What better time of year to evaluate your finances?

That includes, of course, your charitable contributions. Please take a moment to see if you've completed your pledges for 2009.

If you haven't please strongly consider doing so.

Pledge letters for 2010 have been mailed out and hopefully you have received yours.

Please complete and return them as soon as possible.

Everything you do to support our congregation and our community is greatly appreciated.

Helping to Support our Congregation

Harlan Ribnik

Rich & Sally Nolan

Mildred Eichenwald

Dr. Julius Kantor

Dorothy Peltzman

Gallensky family trust

Jason & Phyllis Bloomberg

Adam & Paula Sherman

Evelynn Smith

Dorothy Feldman

Carolyn Cummings

Lester & Agnes Weinstein

Marv Wolf

Arline Cohen-Harris

Tim Solon

Lawrence Veta

Noe & Sylvia Garza

Roz Kaufman

John & Margaret Veta

Harlan Ribnik

Marv Wolf

Jeff & Mary Weinstein

S. Norman Stark

Craig S. Ghelber/Ann M.

Sue Dyer

Jake or Halene J. Whiteman

Howard, William & Barbara Leiter

Marvin Wolf

Radine V. Pepper

Tim Solon

Norman Veta

David Friedberg

Edith A. Rubin

Robert D. Donin

Howard Gallensky

Carol Fischer, Steve Borin

Jacqueline S. Westover

Sandra Vinnik

Carol Serelson

Terri King

Laurie/David Lerner

Joseph/Priscilla Golden

Morris & Harriett Gardner

Norman Stark

Leslie Klein

Harry Gershon Shapiro

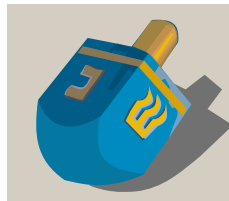
Tim Solon

YOU ARE INVITED
TO MT. SINAI SYNAGOGUE'S
CHANUKAH PARTY
FRIDAY, DECEMBER 11, 2009

AT 5:30 PM



BRING YOUR MENORAHS AND CANDLES



AND YOUR FAVORITE DREIDEL

WE WILL PROVIDE LATKES AND MANY OTHER
GOOD THINGS TO EAT, CHANUKAH GELT, AN
ASSORTMENT OF DREIDELS, AND
ENTERTAINMENT

FAMILY ORIENTED SHABBAT SERVICES
WILL BE HELD IN THE SOCIAL HALL

Notes from All Over

CHRISTMAS MITZVOT by Phyllis Bloomberg for the Social Action Committee

Since 2001 Mt. Sinai has cooked and delivered a Christmas Eve dinner for our local firefighters. We will be continuing this tradition and need volunteers. Please contact either Phyllis or Donna if you are willing to help. And please say “yes” when we contact you!

This is our first year as a Support Congregation for the CIHN (Cheyenne Interfaith Hospitality Network). The congregation which will be housing homeless families Christmas week needs help so their members can spend Christmas Eve and Christmas Day with their own families. Mt. Sinai and the Islamic Center have offered to provide volunteers. What a wonderful opportunity to show how a truly ecumenical approach helps everyone. Please contact Phyllis if you are willing to volunteer.

For details on the Firefighters Christmas Feast keep reading. Doreen Glotzer has given us some serious details....go to page 9.

Shop ‘til You Drop

The Gift Shop will be running a sale through the end of the year!! I know none of us wants to pass up a good deal. Let’s get out there and do some shopping.

Ahava Products **Silver jewelry** **Chanukah Menorahs & Candles** **NEW! Israeli T-Shirts & Hoodies!**

Chanukah is eight days long....
that’s a lot of gift giving!
Shop early and shop often.

SISTERHOOD NEWS

*Our next meeting will be on
December 13th
at 12
at the synagogue.*

*Questions? Comments?
Problems? Please contact
Phyllis Bloomberg at*

sisterhood@mtsinaicheyenne.org

From Hadassah



MESSAGE
FROM HADASSAH PRESIDENT

NOVEMBER
2009

Dear Friends,

It was Friday afternoon, Erev Shabbat, and I was in the hills of Western Galilee, near the Lebanese border. I was in a cozy home in the village of Mitzpe Hila, but despite the lovely surroundings my visit was difficult. I was there to meet with Noam Shalit, whose son, Gilad, was kidnapped and has been held captive by Hamas for more than three years.

That meeting is the subject of this month's podcast. Once you see Noam's dignity and feel his distress, I'm sure you'll join me in putting his family into your hearts and prayers. One of the values of modern Israel is that it defends not only the Jewish people collectively, but individually as well. Hadassah is very much a part of the campaign to win freedom for Gilad.

I hope you are [checking our website regularly](#) for the latest news from Hadassah. And I hope you are suggesting to your friends that they do the same.

To see my most recent podcast, as well as those from the archives, go to [Hadassah's home page](#) and click on "President's Podcasts" at the bottom right corner of the home page. Just log on to stay in touch.

I wish you warm and wonderful holidays with the people you love.

Shalom,

A handwritten signature in cursive script that reads "Nancy Falchuk".

Nancy Falchuk
National President

Check out the website and find out more.....

www.hadassah.org

Firefighters Feast

-Doreen Glotzer



The Glotzer Family will cook Christmas Eve dinner for the Firefighters again this year! Last year we served 20 at once. As the dinners have been provided to the station by the Mt. Sinai Synagogue since the September 11, 2001, event, the word has spread to the other stations and they stop by all night long as it seems the young, singles are the ones covering the shifts on Christmas Eve.

We are asking donations **be provided to the Synagogue by Sunday, December 20, 2009.**

Warm mashed potatoes for 25 people, puddings, cranberry dishes, etc. should be brought to fire station prepared on the 24th at 2:00 pm

Please let me know what items you will be donating to the event and who is interested in assisting with set up. Cash donations are accepted as well.

Decorations / Gifts / Stockings

Paper Products: Table Cloths X 4; napkins, plates, cold cups, storage containers/ saran wrap/gallon baggies (for after dinner)

Food: Spiral Ham, Challahs (for homemade stuffing), 5 lbs Onions, 5 lbs Celery, Mashed Potatoes, green beans or green bean casserole or yams or sweet potato, 5 lbs butter, 50 rolls, 2 gallons of milk, Coffee, Whole Fruit, Soda, Candies, Baked Goods (test out the Mandel Bread recipe from the November Kehilla and freeze them!)

Please Call Doreen or Ilana Glotzer 307.634.7027 / 303.990.3650

FYI—the Glotzers will provide a 23lb turkey...so that's covered.



This and That
by
Roz Kaufman

Andi and Dennis Coehlo back from 5 days in sunny Mazatlan.

Dave Lerner in a stellar role recently with the Cheyenne Little Theater.

Harriet and Morris Gardner off to Houston TX for a family bar mitzvah. Mazal Tov!

Glad to hear that the See's Candy order arrived early! Don't forget to pick up your order...

Sorry to hear of the recent death of Anna Slutzky, a long time Cheyennite and book lover. She was preceded in death by her husband Lou, a sister and two brothers. Her 10 grandchildren and three great-grandchildren were her real joy in life.

Dennis Coehlo to undergo surgery on his shoulder. Good Luck and our wishes for a quick recovery.

Ruth Langley back from several weeks in New York City.

Happy Chanukah....don't forget the synagogue gift shop!

And a tidbit from Doreen Glotzer....Robert and his wife Doreen are spending 10 days celebrating Robert's 60th birthday (12/28) on an Island, Isla Mujeres, Mexico!

*100 Years and
Still Going Strong*

The Centennial Book is still a work in process. The planning for the celebration in June is also getting underway. More hands are better....

Please contact Rosalyn Baker if you wish to volunteer.

It's the people that make a congregation great. Tell us about you and your family. Submit your history today.

Be part of the Centennial Book and the Celebration.



All movies are shown at Mt. Sinai at 7 PM on the “big screen” and with surround sound. Refreshments and drinks provided.



Stolen Summer (2002) Rated PG - 93 min.



Pete, an eight-year-old Catholic boy growing up in the suburbs of Chicago in the mid-1970s, attends Catholic school, where as classes let out for the summer, he's admonished by a nun to follow the path of the Lord, and not that of the Devil. Perhaps taking this message a bit too seriously, Pete decides it's his goal for the summer to help someone get into heaven; having been told that Catholicism is the only sure path to the kingdom of the Lord, Pete decides to convert a Jew to Catholicism in order to improve their standing in the afterlife. Hoping to find a likely candidate, Pete begins visiting a nearby synagogue, where he gets to know Rabbi Jacobson, who responds to Pete's barrage of questions with good humor. Pete also makes friends with the Rabbi's son, Danny, who is about the same age. When he learns that Danny is seriously ill, he decides Danny would be an excellent choice for conversion. When the priest at Pete's church informs Pete that all will be tested before they pass the Pearly Gates, he sets up a mini-decathlon and puts Danny in training as he attempts to reshape his spiritual thinking. Pete's parents aren't sure just what to make of Pete's new summer project, and as they become acquainted with Rabbi Jacobson, they share their perspectives on the unexpected trials of parenting.



Directed by first time writer/director Pete Jones, Stolen Summer was the first film produced for Project Greenlight, an independent film competition created by Matt Damon, Ben Affleck, and Chris Moore, and sponsored by HBO. Project Greenlight aired on HBO as a documentary series chronicling the selection of Jones's script from approximately seven thousand entries, and the production of the film in Chicago in 2001.



GOT
PICS???

Movie nights, board meetings, the See's Candy sale, congregational dinners....all great times to take some photos!...and then of course, send them into the Kehilla!! We have way too much fun not to capture some memories.

Eat Something..... You'll Feel Better



Submitted by Doreen Glotzer....



POTATO KUGEL

- 4 c cubed russet potatoes
- 3 eggs
- ¼ onion chopped
- 1 tsp. coarse salt
- 1/3 c flour or matzo meal
- ½ tsp. baking powder
- ¼ c water
- *¼ c canola oil



OVEN: 350 degrees

BAKE TIME: 1 HOUR

Place eggs, onion, salt, flour, baking powder, water and 1 c of UNCOOKED potato cubes in blender container. Cover and blend on medium speed 5 seconds. Add remainder of potatoes and blend approximately 10 seconds (Do Not over blend or potatoes will liquefy.)

*Heat ¼ c oil in the baking pan while preparing kugel mixture. Pour ingredients from blender into a bowl. Add the hot oil and stir until blended. Pour mixture into the baking dish which has been sprayed with non-stick cooking spray. Bake.

Courtesy of Lila Gallensky



Coming Next
Month.....

YOUR GUESS IS AS GOOD AS
MINE....LET'S SEE WHO SENDS IN WHAT!
I KNOW WE HAVE SOME SERIOUS COOKS
OUT THERE. IT'S TIME TO STRUT YOUR
STUFF. SHARE THOSE RECIPES...

Wish List

Is this your mitzvah? Please consider a donation for one or more of the following items.

Friday night congregational dinner \$75 ♦ Case of wine for Kiddush \$50 ♦

Toner cartridge for the printer \$90 ♦ Toner cartridge for the copier \$150♦

I would like to make the following donation to Mt. Sinai Congregation:

My name _____

In memory of _____

In honor of _____

anniversary • birth • graduation • appreciation • birthday • marriage • bar or bat mitzvah

The contribution amount _____

Make checks payable to Mt. Sinai Congregation and mail to P.O. Box 1012 , Cheyenne , WY 82003

The following is a list of funds to which contributions can be made. Please circle your choice.

B'nai B'rith • Gift Shop • Library • Yiddish Food Festival • Rabbi Fund • Rabbi's Discretionary Fund

Endowment Fund • Trust Fund • Building Fund • Cemetery Fund • Uri Neil Window Fund

Other _____

Please send acknowledgment to _____

To donate to Sisterhood, Hadassah, or Jewish Women International contact Lila Gallensky.

Mt. Sinai Congregation

P.O. Box 1012

Cheyenne, WY 82003