

# THE KEHILLA

VOLUME 5

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MAY 2009

IYAR 5769

## **Yiddish Food Festival 2009**

Our 4th FESTIVAL will take place on Sunday, May 17th. The doors will open at 11 a.m. In anticipation of a large turnout, we will need every available Congregant to help. The second ORIENTATION meeting will be Friday, May 15th at 6 p.m. Pizza will be served. As we have done in the past, some new things will be tried to improve our traffic flow and available seating for our guests. Please try to attend one of these sessions to become familiar with the plans and procedures for this year's event. If you have a hat, apron or tee shirt from past Festivals, please bring it on Sunday the 17th. Badges will also be made with the first name of each volunteer. Please contact me to confirm when you will be working at the Festival. The volunteer assignments are critical to our success! Rosalyn Baker, Chair. My phone numbers are cell 630-5466, evenings home 635-7474.

## **A Passover Seder Thank You**

On behalf of the Sisterhood, a huge thank you to everyone who helped to make our community Seder a wonderful experience. So much work goes into preparing our kosher kitchen for Passover, planning the Seder, and the cooking, serving, and cleanup afterwards.

Brianna and Ariel were our chefs again this year. They came up with some new entrees that were both very tasty and very attractive. And their chocolate dessert will become legendary, I am sure!

Behind the scenes, Carol Fischer worked many, many hours to locate our new dishwasher, to ensure that it was installed prior to the Seder, and to find the special detergent that makes it work. We are looking forward to using much more of our lovely china and silverware and much less paper and plastic.

Carol also organized the serving teams, who did an excellent job. Carol's whole family was in the kitchen helping with cleanup as well.

A thank you also to everyone who attended the Seder. It is such a joy to share this occasion with our extended community and friends.

## **The fourth annual Cheyenne Day of Giving**

Friday, May 8<sup>th</sup>

- Five Ways To Give
- Donate food and personal care items for the local charities.
- Donate blood
- Donate leftover prescription medications
- Register as a bone marrow donor.
- Register as an organ and tissue donor

Mt. Sinai is collecting items of non-perishable food such as pasta, cereal, peanut butter and canned goods, personal care items such as regular and trial-size shampoo, conditioner, and lotion; razors, toothbrushes and toothpaste, bar soap, deodorant, and diapers.

We need a couple of volunteers to drop off these items to the Kiwanis Community House in Lions Park on Friday, May 8<sup>th</sup>.

On the Day of Giving go to the Kiwanis Community House between 8:00 and 5:00 and donate blood and/or register as a potential bone marrow donor or organ/tissue donor.

Jewish tradition calls for us to be generous in helping the poor and disadvantaged.

Thank you.

## **Mt. Sinai Garden Question**

Our current garden (backyard) is full of water loving blue grass, too many weeds, hot concrete with no shade trees and few bushes. Our current garden costs lots of money. Even with some attempt to utilize the water flowing into the basement, we have to spend hundreds of dollars in the summer to keep the garden green.

Are you interested in making a difference? Would you like to see a low-water using, low maintenance, garden that we could be proud of? If so, contact Joe Golden at 634-1215 or 221-5741 or jgolden28@msn.com.



## ARINNA'S ARENA

Dear Congregants,

The holiday of Shavuot is just around the corner. It's the season of... blintzes! Cheesecake! Noodle kugel! There is a tradition of eating dairy foods during this festival. The origin of the custom is a bit obscure. It may be because when the Israelites received the laws of kashrut all their pots were set aside for meat and so they ate dairy instead. Some people eat dairy foods with honey in them because the Torah is likened to milk and honey. Of course I had to mention the food first; after all, eating is central to Jewish people. But there is much more to this holiday.

Shavuot, also called Pentecost and Feast of Weeks, occurs on the 6<sup>th</sup> of Sivan. It commemorates God giving us the Torah at Mt. Sinai. But it is greater than that. It is the encounter with the Divine, an experience shared by all Jews of all time, for each of us was there, just as each of us came out of Egypt.

Originally it was a farmer's holiday for giving thanks for the grain harvest. It also marked the rite of a new agricultural season – bringing the first fruits of the land to the temple. The Biblical references to Shavuot (Ex. 23:14-19, Lev. 23:9-22) regard it only as the feast of harvest (chag ha-katzir) or the day of the first fruits (yom ha-bikkurim). Nowhere in the Bible is any link made between Sinai and Shavuot. Even the Biblical account of the revelation at Sinai does not connect it with Shavuot. The holiday in the Bible is determined by the counting of the omer rather than a fixed date. After the destruction of the temple, the agricultural rites could not be observed. The sages noted that revelation at Sinai took place seven weeks after the Exodus so the themes of revelation and harvest were combined. Shavuot then is the anniversary of the revelation of Torah. Shavuot calls upon us to remember the event and reaffirm our commitment to Torah and its study. It also urges us to prepare ourselves as though Sinai will occur again this very Shavuot – preparation which began during the omer period and leads up to the reading of the Ten Commandments.

Many traditions are associated with this holiday, besides eating dairy foods. One of these is decorating the synagogue and our homes with green plants, perhaps as a reminder of the green around Mt. Sinai or the decorations on the baskets of first fruits. We read the Book of Ruth because Ruth's conversion to Judaism is analogous to our voluntary acceptance of the Torah and God's covenant at Sinai, and because King David (Ruth's great grandson mentioned at the end of the book) was born and died on Shavuot. We read the Ten Commandments. We also engage in tikkun leil Shavuot – a study session which will be held on Thursday evening, May 28<sup>th</sup>.

Come and experience this holiday. Whether it is services, study or blintzes you are seeking, there is something here for everyone.

Blessings,

*Rabbi Arinna Moon*

## Sermons and Teachings

The Rabbi's sermons and selected teachings are available on the website on the Rabbi's page. Go to [www.mtsinaicheyenne.org](http://www.mtsinaicheyenne.org).

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How to Reach the Rabbi. The Rabbi will be in town May 14 -17 & May 28 -31. She can be reached any time on her cell phone: (307) 630-1926 or by email: [ravleahshira@gmail.com](mailto:ravleahshira@gmail.com).

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Mt. Sinai Synagogue  
Located at 2610 Pioneer Avenue  
307-634-3052

On the web at: [www.mtsinaicheyenne.org](http://www.mtsinaicheyenne.org)

e-mail: [info@mtsinaicheyenne.org](mailto:info@mtsinaicheyenne.org)

Website Provided by:

David Lerner and Wyoming Network

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## Join us for:

Yiddish Food Festival, May 17th 11 - 5

Mah Jongg Sunday, May 31, 3 - 4:30

Bea's Folk Dancing class Sun. at 1:30

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**Friday Shabbat Service 7:00 p.m.**

**Saturday Shabbat Service 9:00 a.m.**

**Saturday study group when Rabbi is in town 3:30 p.m.**

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## The Sisterhood Meeting

The second Sunday of the month.

## The Synagogue Board Meeting

The third Wednesday of the month.

## Recent Donors

Audra Weitzel  
Marv & Dorothy Wolf  
Sandra Vinnik in memory of Chester Waldman  
Johnny & Margaret Veta in memory of Bernice V. Goldstein  
Johnny & Margaret Veta - Matzo Fund  
Hal & JoAnn Ginsberg for giving a place for their kids to worship  
Irving & Sylvia Wolinsky in memory of beloved mother, Sadie Wolinsky  
Harlan Ribnik - donation  
Johnny & Margaret Veta - pledge  
Johnny & Margaret Veta in memory of Esther Veta  
Johnny & Margaret Veta in memory of Sam Dobrow  
Norman Veta in memory of Mildred Veta Weiss  
Norman Veta in memory of Sam Veta  
Radine V. Pepper in memory of Sam Veta  
Radine V. Pepper in memory of Mildred Veta Weiss  
David Friedberg in memory of Jack & Minnie Freidberg  
Irwin Pasternack in memory of Jack Pasternack  
Babs Klein - donation  
Howard Gallensky in memory of his mother, Lena Gallensky  
Wayne Lax - pledge  
Helen Sumner - in memory of her dad, George Kaufman and grandmother, Paula Kaufman  
Tim Solon - donation  
Elka Jaross in memory of her father, Sam Menkin  
Elka Jaross - festival donation  
Harlan Ribnik - donation  
Dennis Smith - pledge  
Morris & Harriett Gardner - pledge  
Morris & Harriett Gardner - festival donation  
Sue Dyer - Library  
Dr. Andrew Rashkow - dues  
Dr. Howard Schneider - pledge  
Harry Shapiro - pledge  
Norma Pepper - in memory of Esmond Graber  
Larry Veta in memory of Anne Veta  
Carol Fischer - donation

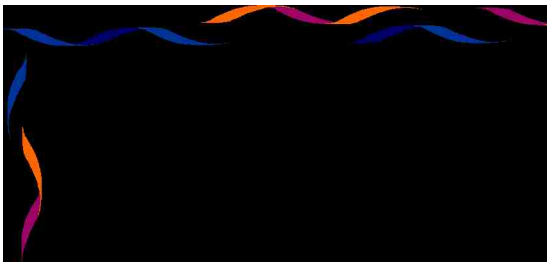


Happy Anniversary  
Barb & Matt Cannon  
Jeff & Mary Weinstein

May birthdays include:

Barb Cannon  
Zoey Brown  
Michael Erlich  
Bernie Gancz  
Ellen Thompson  
Micah Young

If you know of a birthday  
coming up please let us know.  
We don't want to miss anyone.



## May Yahrzeits

Anne Simon – Friday, May 1 – 7 Iyar  
Sam Kalman – Sunday, May 3 – 9 Iyar  
Bessie L. Feldman – Sunday, May 3 – 9 Iyar  
Abe Cohne – Sunday, May 3 – 9 Iyar  
Jacob Pollock – Wednesday, May 6 – 12 Iyar  
Louis Sky – Friday, May 8 – 14 Iyar  
Mary Kalman – Saturday, May 9 – 15 Iyar  
Frances Davis – Saturday, May 9 – 15 Iyar  
Dorothy Shapiro – Sunday, May 10 – 16 Iyar  
Belle Wolf – Sunday, May 10 – 16 Iyar  
Ann Gurman – Tuesday, May 12 – 18 Iyar  
Benjamin Borin – Tuesday, May 12 – 18 Iyar  
Elaine Joy Kaufman – Tuesday, May 12 – 18 Iyar  
Betty Ratner – Wednesday, May 13 – 19 Iyar  
Emanuel Bernard Bloom – Friday, May 15 – 21 Iyar  
Ralph Persky – Saturday, May 16 – 22 Iyar  
Esther Davis Moses – Saturday, May 16 – 22 Iyar  
Abraham Wolinsky – Saturday, May 16 – 22 Iyar

Sam Pasternack – Sunday, May 17 – 23 Iyar  
Anne Veta – Monday, May 18 – 24 Iyar  
Minnie Kramish – Monday, May 18 – 24 Iyar  
Ben Symryck – Wednesday, May 20 – 26 Iyar  
Rose Jultak – Thursday, May 21 – 27 Iyar  
Michael Green – Friday, May 22 – 28 Iyar  
Sam Novicoff – Sunday, May 24 – 1 Sivan  
Mildred Anon Smith – Sunday, May 24 – 1 Sivan  
Lina Nathenson – Tuesday, May 26 – 3 Sivan  
Stanley Schwartz – Tuesday, May 26 – 3 Sivan  
Esther Kuperstein – Wednesday, May 27 – 4 Sivan  
Melvin Itkin – Wednesday, May 27 – 4 Sivan  
Irving Shapiro – Thursday, May 28 – 5 Sivan  
Harry Schwartz – Friday, May 29 – 6 Sivan  
Harry Friedman – Saturday, May 30 – 7 Sivan  
Goldie Lindenfeld – Saturday, May 30 – 7 Sivan  
Harold Breen – Sunday, May 31 – 8 Sivan  
Murray Krane – Sunday, May 31 – 8 Sivan

### Yiddish Food Festival

Remember to put the date on your calendar, May 17th, 2009.  
Rosalyn Baker 630-5466



Wish List Is this your mitzvah? Please consider a donation for one or more of the following items.

Teacher's texts for Adult Hebrew \$40 • Friday night congregational dinner \$75 • Case of wine for Kiddush \$50  
Toner cartridge for the printer \$90 • Toner cartridge for the copier \$150 • Color laser printer \$400

I would like to make the following donation to Mt. Sinai Congregation:

My name \_\_\_\_\_

In memory of \_\_\_\_\_

In honor of \_\_\_\_\_

anniversary • birth • graduation • appreciation • birthday • marriage • bar or bat mitzvah

The contribution amount \_\_\_\_\_

Make checks payable to Mt. Sinai Congregation and mail to P.O. Box 1012, Cheyenne, WY 82003

The following is a list of funds to which contributions can be made. Please circle your choice.

B'nai B'rith • Gift Shop • Library • Yiddish Food Festival • Rabbi Fund • Rabbi's Discretionary Fund

Endowment Fund • Trust Fund • Building Fund • Cemetery Fund • Uri Neil Window Fund

Other \_\_\_\_\_

Please send acknowledgment to \_\_\_\_\_

To donate to Sisterhood, Hadassah, or Jewish Women International contact Lila Gallensky.

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