

# Counting the Omer

7 Weeks • 7 Inspiring Teachers • 49 steps to Sinai  
Beginning Wednesday April 16

7:30 - 8:45 pm ET

Where: Minyan Oneg Shabbat, in our Zoomagogue!

## Our Sefirotic Guides

Chesed: R' Moshe Halfon	Gevura: R' Min Kantrowitz
Tiferet: R' Phyllis Ocean	Netzach: R' David Seidenberg
Hod: R' Malka Binah Klein	Yesod: R' Charna Rosenholtz
Malchut: R' Elizheva Hurvich	



**Minyan Oneg Shabbat** invites you to join us for a heart opening, soul searching, mind expanding Journey thru the Omer. Each week will feature a different teacher, each with his/her own passionate approach, sharing wisdom into how to use the 7 weeks for spiritual growth and preparation for the giving of Torah at Sinai. All sessions will be recorded and available on our **YouTube Channel**

Registration required at **MOShDC.org/Omer** or by QR code.  
No fee for MOShniks.

Non MOShniks: Suggested donations of \$10 per session or \$54 for the entire series gratefully accepted at **MOShDC.org/donate**

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