

MOUNT SINAI CONGREGATION
2610 Pioneer Ave. Cheyenne, WY 82001
<http://www.mtsinaicheyenne.org> 307-634-3052

YIDDISH FOOD FESTIVAL

Sunday ☆ June 2, 2019
11 am - 3 pm



LIVE KLEZMER BAND



ISRAELI FOLK DANCING



Schmuel and the Mentshn
Plays Klezmer Music



2 Israeli Folk Dancing Shows

11 am: Doors Open & Blowing of the Shofar



11:30 & 1:30: Walking Tour of the Synagogue



12:15, 1:15 & 2:15: Klezmer Music by Schmuel and the Mentshn



1:00 & 2:00: Israeli Folk Dancing



TRADITIONAL FOODS FOR SALE



CORNED BEEF SANDWICH
CHICKEN SOUP
MATZAH BALLS
CHALLAH
STRUDEL

CABBAGE ROLLS
ISRAELI SALAD
BAGELS WITH LOX &
CREAM CHEESE
MANDELBROT
HAMANTASCHEN

KUGEL
NUT POOFS
MACAROONS
HONEY CAKE
RUGELAH

Walking Tour of the Synagogue, "Ask the Rabbi" with Rabbi Larry Moldo

Dance Program - 2019

Jewish/Israeli Dance Team Members

Marilyn Beeman
Phyllis Bloomberg
Sue Carlass
Lea Gancz
Priscilla Golden

Brenda Lyday
Therese McKinnon
Georgia Rowswell
Agnes Weinstein
Mary Weinstein
Jeff Weinstein

Our Dances

Mechol Halahat
"Dance of the Flame"

Bat Tsurim
"Girl from the Rocks"

Yasu Ha Chayim

Erev Shel Shoshanim
"Evening of Roses"

Yayin
"Wine"

Eretz Zavav Chalav
"Land of Milk & Honey"

Hora Chadera
"The Dance from Chadera"

Jerusalem of Gold

ANNUAL YIDDISH FOOD FESTIVAL MT. SINAI SYNAGOGUE SUNDAY, JUNE 2, 2019

11:00 AM	Doors, food and drink booths, and gift shop open in the Social Hall. This will be accompanied by the blowing of a Shofar by Dr. Jason Bloomberg , and the singing of Israel's National Anthem by Howard Rodack
11:30 - 12:15	A walking tour of the Synagogue with Dr. Jason Bloomberg will begin at the small sanctuary
12:15 - 1:00	Klezmer Music
1:00 - 1:15	Israeli Folk Dancing
1:15 - 2:00	Klezmer Music
1:30 - 2:15	A walking tour of the Synagogue with Dr. Jason Bloomberg will begin at the small sanctuary
2:00 - 2:15	Israeli Folk Dancing
2:15 - 3:00	Klezmer Music
3:00	Festival ends

Mt. Sinai Synagogue

Cheyenne, Wyoming 82001

307-634-3052

Cheyenne's Jewish community is proud of its history and heritage. Having completed the celebrations of 100 years of existence, the Synagogue has embarked upon its second century of being part of and serving the community. With its colorful past and dedicated members, many of whom are third generation of earlier settlers, the Synagogue is proud of its members who serve in many functions today.

The earliest residents were a group of German refugees seeking religious freedom and economic gain. The group was made up of merchants and railroad workers whose first place of worship was a small house at the corner of 20th Street and Eddy Street (now known as Pioneer Avenue). The current building at 26th and Pioneer Avenue was completed in 1951 and enjoys a history rich in accomplishments.

The main sanctuary has a capacity of 450 congregants. The small chapel will accommodate 25, primarily for daily prayer services.

Mt. Sinai Synagogue has the only Kosher synagogue kitchen in Wyoming.

The library at Mt. Sinai has over 1600 volumes of Judaic and related materials for study, genealogical and research purposes that is open to the public. The library is included as a search mechanism in the WYLD statewide database of the Wyoming State Library. Periodicals and tapes are also available.

A gift shop in the Social Hall provides household items, attractive jewelry and knick-knacks as well as prayer and children's books for purchase by not only congregants but the public as well.

The most unique feature of the building is an underground stream that runs through the property. This allows the Synagogue to provide a highly valued ritual bath of living water in its partial basement.

Shabbat services are held Friday nights and Saturday mornings.

Mt. Sinai Synagogue Yiddish Food Festival

President of the Congregation	David Lerner
General Chairman	David Lerner
Food Chairman	Jeff Weinstein
Dance Team Leader	Mary Weinstein
Dance Team Senior Advisor	Bea Montross
Emcee & Soloist	Howard Rodack
Synagogue Tours and Shofar Blowing	Jason Bloomberg MD
Medical Team	Jason Bloomberg MD and Georgia Young MD

And a great deal of appreciation for all of the wonderful and talented volunteers without whose help the Festival would not have been possible.

**Special thanks to these groups who have assisted us in so many ways:
Cheyenne Boy Scout Troop 101
Mort's Bagels**

Prices

Eat something – You shouldn't leave hungry!

- 5 Shekels – **Chicken Soup** with Matzah Ball
- 4 Shekels – **Kosher Hot Dog** and chips
- 6 Shekels – **Stuffed Cabbage Rolls** and rye bread
- 6 Shekels – **Bagel** with Lox and Cream Cheese
- 7 Shekels – **Homemade Corned Beef** on Rye, includes pickle & chips
- 1 Shekel – **Dill Pickle** or Chips

Drinks

- 1 Shekel – Soda, Brisk Tea, Bottled Water

Pastries

- 8 Shekels – **Sampler Platter** – includes Strudel, Rugelach, Nut Poofs, Macaroons, Mandelbrot, Hamantashen, Matzah Brittle, and Honey Cake
- 1 Shekel – **Strudel**
- 1 Shekel – **Rugelach** (contains nuts)
- 1 Shekel – **Nut Poofs** (Gluten Free)
- 1 Shekel – **Macaroons** (Gluten Free)
- 1 Shekel – **Mandelbrot** (contains nuts)
- 1 Shekel – **Hamantashen**
- 1 Shekel – **Chocolate Matzah Brittle**

Side Dishes

- 4 Shekels – **Israeli Salad**
- 3 Shekels – **Pita Chips with Hummus**
- 3 Shekels – **Sweet Casserole: Noodle Kugel**

Breads

- 6 Shekels – **Challah**
- 6 Shekels – **6 Bagels**
- 6 Shekels – **Loaves** – Rye, Rye Swirl...

Mt. Sinai Gift Shop

Under the direction of Dr. Georgia Young, this unique gift shop resting in the Northeast corner of the Social Hall specializes in something for everyone. In addition to Israeli cookbooks, there are CDs featuring Israeli music, holiday candles and candle holders, AHAVA Dead Sea Skin products, seder plates, religious books, and an excellent variety of hand crafted Mezzuzot.

The gift shop also boasts an assortment of beautiful jewelry from around the world featuring sterling silver settings and genuine gem stones.

Stop by, shop, and enjoy the reasonable prices.

MT. SINAI GIFT SHOP

2610 Pioneer Avenue

Your source for all types of Judaica

Leftover Shekels? There will be a jar near the front door into which you may deposit leftover shekels. The shekels will be converted and donated to charity.

Buy advance tickets for the Sally & George "Mt. Sinai Social" Concert on Father's Day, June 17.

**BUY A TICKET TODAY AND SAVE \$5.00
TICKETS TODAY \$15.00 AT THE GIFT SHOP**

Shalom!

In one word, Hebrew allows me to say hello, goodbye, peace, as well as a part of the question “How are you?” In the same way, the Yiddish Food Festival is about all of those things and more. In an afternoon, much of the positive aspects of the Jewish experience are compressed - study, entertainment, meeting others and food. I hope you enjoy your taste of Jewish culture this afternoon.

Rabbi Larry Moldo

Synagogue Tour Leader

Dr. Jason Bloomberg, one of the congregation’s lay leaders, will conduct Synagogue tours. Dr. Bloomberg is an on staff Physician with the Veteran’s Administration and has been very active in the medical care of those in the community unable to pay for it. Jason is involved in numerous inter-faith activities in the community as well. Jason and his wife Phyllis have been members of Mt. Sinai for 17 years and are leaders or participants in all aspects of Synagogue life.

Festival Emcee and Soloist

Howard’s grandparents were in Yiddish theatre and vaudeville in New York. His grandmother, known as the Sophie Tucker of the Catskills, performed in all the famous venues on the “Borscht Circuit”. Howard was raised in New York City where he studied classical voice, did a lot of theatre and sang in off-Broadway productions. He has lived in Cheyenne for 21 years and is a member of Mt. Sinai.

Rabbi Larry Moldo

Rabbi Larry Moldo was born and raised on the Minneapolis side of the Twin Cities in Minnesota. After graduating from the University of Minnesota, he worked in Peoria (Illinois), Omaha (Nebraska), Kansas City (Kansas), Elmwood Park (New Jersey), Buffalo (New York), Modesto (California), Baldwin, (Long Island, New York) before coming to Mount Sinai Congregation here in Cheyenne, Wyoming.

Prior to Ordination at the Academy for Jewish Religion in New York City, Rabbi Larry had written materials on Torah notes and liturgy in the religious realm, and on management and tutoring in the secular world. As part of the Ordination process, he wrote for his senior thesis a large document called Unsuccessful Pregnancies and Neonatal Deaths: Pastoral Care for the Rabbinate and Cantorate.

An avid reader, he is especially fond of Science Fiction & Fantasy while dabbling in mysteries and philosophy for fun.

He is joined in Cheyenne by his wife Andrea. Their son Samuel recently graduated with a degree in Occupational Therapy.



Mt. Sinai Synagogue Stained Glass Windows

The largest window is the only one signed and dated by the artists. It is a design around a menorah of holy objects described in the Bible. The seven branched candelabra and candles are almost 16 feet high.

A common theme running through the thirty-two smaller windows is a growing tree branch symbolizing the continuity of Judaism from ancient times up to the present.

1. Depicts the creation of the World.
2. Noah's ark, the flood, and the rainbow's promise
3. Abraham's near sacrifice of Isaac, and the ram's horn of the animal that replaced him.
4. Jacob's dream, a ladder connecting heaven and earth.
5. Jacob's twelve sons, six tents and six trees, again tying to a family tree symbol along with traveling nomadic shepherd's lives.
6. Joseph's coat of colors and his dreams. The lower part shows the tomb of Rachel, his mother, which still exists in Israel today in Hebron.
7. Silver goblet on the upper window is the test of Joseph's brothers to see if they had changed. The lower part is Jacob and the entire family going to Egypt to settle in the land of Goshen.
8. Moses in a basket in the Nile River. Above it is the burning bush 80 years later that was not consumed.
9. The Exodus from Egypt on dry land through the Sea of Reeds between walls of water.
10. Recent modern history, holocaust in Europe between 1939 and 1946.
11. Ten Commandments at Mt. Sinai, a symbol used by religions throughout the world.
12. Priests blowing trumpets around the walls of Jericho.
13. Samson regained his strength to destroy the Philistine temple.
14. The story of Ruth and Naomi depicting a harvest and wells of water.

15. The Ark of the Covenant that was carried through the desert into Canaan.
16. Sword of the first King, Saul.
17. David protected his sheep from a marauding lion. He used such a sling to defeat the giant Goliath, perhaps symbolized by the lion as a terrifying enemy.
18. David's Harp, the symbol of his psalms.
19. Jerusalem, the capitol city selected by King David.
20. King David's son, King Solomon.

Twelve windows depicting the twelve tribes, using the symbols of each according to Jacob's blessings before his death. This window is adjacent to the Holy Ark.

On the North side of the sanctuary the first window on the left honors a non-Jewish doctor of Scottish decent, dearly beloved by our congregation. The window is a picture of modern Jerusalem, honoring Dr. K. L. McShane.

The rest of the bank of twenty windows on the North side represent the major holidays throughout the Jewish calendar year.

The remainder of the stained glass windows are in the Social Hall. The windows honor some of the women in the Bible. As the spectator views the windows they are from right to left:

Eve
Miriam
Ruth
Hannah
Rachel
Sarah
Rebecca
Esther
Leah
Abigail
Deborah